

Instructions

- In this survey, you have been asked to assess a target individual.
- The survey comprises 153 statements written in singular third-person pronouns (they, them, etc.) and can be used with both male and female targets.
- Please answer each statement below by putting a circle around the number that best reflects your degree of agreement or disagreement with that statement. *There are no right or wrong answers.*
- Work quickly and don't think too long about the exact meaning of the statements.
- Try to answer as accurately as possible.
- You have seven possible responses, ranging from 1 = Completely Disagree to 7 = Completely Agree
- Many thanks for your time and interest.

Before starting, please specify:

- 1) How long you have known the target (in months): _____
- 2) How well do you feel you know them (1 = not at all, 10 = extremely well): _____

		DISAGREE COMPLETELY					AGREE COMPLETELY	
1.	They are usually able to control other people	1	2	3	4	5	6	7
2.	Generally, they don't take notice of other people's emotions	1	2	3	4	5	6	7
3.	When they receive wonderful news, they find it difficult to calm down quickly	1	2	3	4	5	6	7
4.	They tend to see difficulties in every opportunity, rather than opportunities in every difficulty	1	2	3	4	5	6	7
5.	On the whole, they have a gloomy perspective on most things	1	2	3	4	5	6	7
6.	They don't have a lot of happy memories	1	2	3	4	5	6	7
7.	Understanding the needs and desires of others is not a problem for them	1	2	3	4	5	6	7
8.	They generally believe that things will work out fine in their life	1	2	3	4	5	6	7
9.	They often find it difficult to recognise what emotion they're feeling	1	2	3	4	5	6	7
10.	They're not socially skilled	1	2	3	4	5	6	7
11.	They find it difficult to tell others that they love them, even when they want to	1	2	3	4	5	6	7
12.	Others admire them for being relaxed	1	2	3	4	5	6	7
13.	They rarely think about old friends from the past	1	2	3	4	5	6	7
14.	They find it easy to tell others how much they really mean to them	1	2	3	4	5	6	7
15.	Generally, they must be under pressure to really work hard	1	2	3	4	5	6	7
16.	They tend to get involved in things they later wish they could get out of	1	2	3	4	5	6	7
17.	They're able to "read" most people's feelings like an open book	1	2	3	4	5	6	7
18.	They're usually able to influence the way other people feel	1	2	3	4	5	6	7
19.	They find it difficult to calm angry people down	1	2	3	4	5	6	7
20.	They find it difficult to take control of situations at home	1	2	3	4	5	6	7
21.	They generally hope for the best	1	2	3	4	5	6	7
22.	Others admire them for their integrity	1	2	3	4	5	6	7
23.	They really don't like listening to their friends' problems	1	2	3	4	5	6	7
24.	They're normally able to "get into someone's shoes" and experience their emotions	1	2	3	4	5	6	7
25.	They believe they're full of personal weaknesses	1	2	3	4	5	6	7
26.	They find it difficult to give up things they know and like	1	2	3	4	5	6	7
27.	They always find ways to express their affection to others when they want to	1	2	3	4	5	6	7
28.	They have a number of good qualities	1	2	3	4	5	6	7
29.	They tend to rush into things without much planning	1	2	3	4	5	6	7
30.	They find it difficult to speak about their intimate feelings even to their closest friends	1	2	3	4	5	6	7
31.	They're not able to do things as well as most people	1	2	3	4	5	6	7
32.	They're never really sure what they're feeling	1	2	3	4	5	6	7

		DISAGREE COMPLETELY					AGREE COMPLETELY	
33.	They're usually able to express their emotions when they want to	1	2	3	4	5	6	7
34.	When they disagree with someone, they usually find it easy to say so	1	2	3	4	5	6	7
35.	They normally find it difficult to keep themselves motivated	1	2	3	4	5	6	7
36.	They know how to snap out of their negative moods	1	2	3	4	5	6	7
37.	On the whole, they find it difficult to describe their feelings	1	2	3	4	5	6	7
38.	They find it difficult not to feel sad when someone tells them about something bad that happened to them	1	2	3	4	5	6	7
39.	When something surprises them, they find it difficult to get it out of their mind	1	2	3	4	5	6	7
40.	They often pause and think about their feelings	1	2	3	4	5	6	7
41.	They tend to see the glass as half-empty rather than as half-full	1	2	3	4	5	6	7
42.	They often find it difficult to see things from another person's viewpoint	1	2	3	4	5	6	7
43.	They're a follower, not a leader	1	2	3	4	5	6	7
44.	Those close to them often complain that they are not treated right	1	2	3	4	5	6	7
45.	Many times, they can't figure out what emotion they're feeling	1	2	3	4	5	6	7
46.	They couldn't affect other people's feelings even if they wanted to	1	2	3	4	5	6	7
47.	If they're jealous of someone, they find it difficult not to behave badly towards them	1	2	3	4	5	6	7
48.	They get stressed by situations that others find comfortable	1	2	3	4	5	6	7
49.	They find it difficult to sympathize with other people's plights	1	2	3	4	5	6	7
50.	In the past, they have taken credit for someone else's input	1	2	3	4	5	6	7
51.	On the whole, they can cope with change effectively	1	2	3	4	5	6	7
52.	They don't seem to have any power at all over other people's feelings	1	2	3	4	5	6	7
53.	They have many reasons for not giving up easily	1	2	3	4	5	6	7
54.	They like putting effort even into things that are not really important	1	2	3	4	5	6	7
55.	They always take responsibility when they do something wrong	1	2	3	4	5	6	7
56.	They tend to change their mind frequently	1	2	3	4	5	6	7
57.	When they argue with someone, they can only see their own point of view	1	2	3	4	5	6	7
58.	They believe that things tend to turn out right in the end	1	2	3	4	5	6	7
59.	When they disagree with someone, they generally prefer to remain silent, rather than make a scene	1	2	3	4	5	6	7
60.	If they wanted to, it would be easy for them to make someone feel bad	1	2	3	4	5	6	7
61.	I would describe them as a calm person	1	2	3	4	5	6	7
62.	They often find it difficult to show their affection to those close to them	1	2	3	4	5	6	7
63.	They believe there are many reasons to expect the worst in life	1	2	3	4	5	6	7
64.	They usually find it difficult to express themselves clearly	1	2	3	4	5	6	7
65.	They don't mind frequently changing their daily routine	1	2	3	4	5	6	7
66.	Most people are better liked than they are	1	2	3	4	5	6	7
67.	Those close to them rarely complain about their behaviour	1	2	3	4	5	6	7
68.	They usually find it difficult to express their emotions the way they want to	1	2	3	4	5	6	7
69.	Generally, they're able to adapt to new environments	1	2	3	4	5	6	7
70.	They find it difficult to adjust their life according to the circumstances	1	2	3	4	5	6	7
71.	I would describe them as a good negotiator	1	2	3	4	5	6	7
72.	They can deal effectively with people	1	2	3	4	5	6	7
73.	On the whole, they're highly motivated	1	2	3	4	5	6	7
74.	They have probably stolen things as a child	1	2	3	4	5	6	7
75.	On the whole, they're pleased with their life	1	2	3	4	5	6	7
76.	They find it difficult to control themselves when they're extremely happy	1	2	3	4	5	6	7
77.	Sometimes, it feels like they're producing a lot of good work effortlessly	1	2	3	4	5	6	7
78.	When they take a decision, they're always sure it is the right one	1	2	3	4	5	6	7
79.	They are not confident about their looks	1	2	3	4	5	6	7
80.	They normally find it difficult to adjust their behaviour according to the people they're with	1	2	3	4	5	6	7
81.	On the whole, they're able to identify themselves with others	1	2	3	4	5	6	7
82.	They try to regulate pressures in order to control their stress levels	1	2	3	4	5	6	7
83.	They don't think of themselves as useless	1	2	3	4	5	6	7
84.	They usually find it difficult to regulate their emotions	1	2	3	4	5	6	7

		DISAGREE COMPLETELY					AGREE COMPLETELY	
85.	They can handle most difficulties in their life in a cool and composed manner	1	2	3	4	5	6	7
86.	If they wanted to, it would be easy for them to make someone angry	1	2	3	4	5	6	7
87.	On the whole, they like themselves	1	2	3	4	5	6	7
88.	They believe they're full of personal strengths	1	2	3	4	5	6	7
89.	They generally don't find life enjoyable	1	2	3	4	5	6	7
90.	They're usually able to calm down quickly after they've got mad at someone	1	2	3	4	5	6	7
91.	They can remain calm even when they're extremely happy	1	2	3	4	5	6	7
92.	Generally, they're not good at consoling other people	1	2	3	4	5	6	7
93.	They're usually able to settle disputes	1	2	3	4	5	6	7
94.	They never put pleasure before business	1	2	3	4	5	6	7
95.	Imagining themselves in someone else's position is not a problem for them	1	2	3	4	5	6	7
96.	They need a lot of self-control to keep themselves out of trouble	1	2	3	4	5	6	7
97.	It is easy for them to find the right words to describe their feelings	1	2	3	4	5	6	7
98.	They expect that most of their life will be enjoyable	1	2	3	4	5	6	7
99.	They are an ordinary person	1	2	3	4	5	6	7
100.	They tend to get "carried away" easily	1	2	3	4	5	6	7
101.	They try to resist negative thoughts and think of positive alternatives	1	2	3	4	5	6	7
102.	They don't like planning ahead	1	2	3	4	5	6	7
103.	Just by looking at somebody, they can understand what he or she feels	1	2	3	4	5	6	7
104.	They believe life is beautiful	1	2	3	4	5	6	7
105.	They normally find it easy to calm down after they have been scared	1	2	3	4	5	6	7
106.	They want to be in command of things	1	2	3	4	5	6	7
107.	They usually find it difficult to change other people's opinions	1	2	3	4	5	6	7
108.	They're generally good at social chit-chat	1	2	3	4	5	6	7
109.	Controlling their urges is not a big problem for them	1	2	3	4	5	6	7
110.	They don't seem to like their physical appearance	1	2	3	4	5	6	7
111.	They tend to speak well and clearly	1	2	3	4	5	6	7
112.	On the whole, they don't tackle stress well	1	2	3	4	5	6	7
113.	Most of the time, they know exactly why they feel the way they do	1	2	3	4	5	6	7
114.	They find it difficult to calm down after they have been strongly surprised	1	2	3	4	5	6	7
115.	On the whole, they are assertive	1	2	3	4	5	6	7
116.	On the whole, they're not a happy person	1	2	3	4	5	6	7
117.	When someone offends them, they're usually able to remain calm	1	2	3	4	5	6	7
118.	They need to put in a lot of effort to do something well	1	2	3	4	5	6	7
119.	They have probably never lied to spare someone else's feelings	1	2	3	4	5	6	7
120.	They find it difficult to bond well even with those close to them	1	2	3	4	5	6	7
121.	They consider all the advantages and disadvantages before making up their mind	1	2	3	4	5	6	7
122.	They don't know how to make others feel better when they need it	1	2	3	4	5	6	7
123.	They usually find it difficult to change their attitudes and views	1	2	3	4	5	6	7
124.	They rarely speak about how they feel	1	2	3	4	5	6	7
125.	On the whole, they seem satisfied with their close relationships	1	2	3	4	5	6	7
126.	They can identify an emotion from the moment it starts to develop in them	1	2	3	4	5	6	7
127.	On the whole, they like to put other people's interests above their own	1	2	3	4	5	6	7
128.	Most days, they feel great to be alive	1	2	3	4	5	6	7
129.	They tend to get a lot of pleasure just from doing something well	1	2	3	4	5	6	7
130.	It is very important to them to get along with all their close friends and family	1	2	3	4	5	6	7
131.	They frequently have happy thoughts	1	2	3	4	5	6	7
132.	They have many fierce arguments with those close to them	1	2	3	4	5	6	7
133.	Expressing their emotions with words is not a problem for them	1	2	3	4	5	6	7
134.	They find it difficult to take pleasure in life	1	2	3	4	5	6	7
135.	They're usually able to influence other people	1	2	3	4	5	6	7
136.	When they're under pressure, they tend to lose their cool	1	2	3	4	5	6	7
137.	They usually find it difficult to change their behaviour	1	2	3	4	5	6	7

DISAGREE
COMPLETELYAGREE
COMPLETELY

		1	2	3	4	5	6	7
138.	Others look up to them	1	2	3	4	5	6	7
139.	They get stressed very easily	1	2	3	4	5	6	7
140.	They're usually able to find ways to control their emotions when they want to	1	2	3	4	5	6	7
141.	I believe that they would make a good salesperson	1	2	3	4	5	6	7
142.	They lose interest in what they do quite easily	1	2	3	4	5	6	7
143.	On the whole, they're a creature of habit	1	2	3	4	5	6	7
144.	They would normally defend their opinions even if it meant arguing with important people	1	2	3	4	5	6	7
145.	I would describe them as a flexible person	1	2	3	4	5	6	7
146.	Generally, they need a lot of incentives in order to do their best	1	2	3	4	5	6	7
147.	They can understand other people's perspectives, even when they are arguing with them	1	2	3	4	5	6	7
148.	On the whole, they're able to deal with stress	1	2	3	4	5	6	7
149.	They try to avoid people who may stress them out	1	2	3	4	5	6	7
150.	They often indulge without considering all the consequences	1	2	3	4	5	6	7
151.	They tend to "back down" even if they know they're right	1	2	3	4	5	6	7
152.	They find it difficult to take control of situations at work	1	2	3	4	5	6	7
153.	Some of my responses on this questionnaire are not 100% honest	1	2	3	4	5	6	7

QUESTION SECTION 2

Please note that in this section you are occasionally asked to ✎ write in your answer.

About you

What is your gender?

MALE FEMALE

What is your natural hand for writing?

RIGHT LEFT

Your marital status?

- Single
 Living together
 Married, no children in education
 Married with children in education
 Divorced/ Separated
 Widowed
 Other

How would you describe yourself ethnically?

- White – UK heritage
 White - other
 Pakistani
 Bangladeshi
 Indian
 Black – African heritage
 Black – Caribbean heritage
 Chinese
 Other

What is your total pre-tax annual income?

- Below £5000
 £5001-10000
 £10001-£15000
 £15001-£20,000
 £20001-£25000
 £25001-£30000
 £30001-£35000
 £35001-£40000
 £41001-£45000
 £45001-£50000
 Over £50000

How happy in your job are you?

On a scale of 1-7, where
1=Not at All Happy
4=Average
7=Very Happy
Please write in your score ✎

Is English your native language?

YES NO

What is your year of birth?

✎ 19...

Your birth order? (e.g. 1st, 2nd child)

1st 2nd 3rd 4
 5th 6th

Your current occupation?

- Private sector, manufacturer
 Private sector, service company
 Armed forces
 Health Service
 Other public sector
 Voluntary sector/charities
 Academic/teaching
 Self-employed
 Not employed
 Other

What sort of family religious background do you have?

- Christian – Protestant
 Christian – Roman Catholic
 Christian – Other
 Muslim
 Hindu
 Jewish
 Buddhist
 Other belief system
 None at all

How religious are you?

On a scale of 1-7, where
1=Not Religious At All
4=Average
7=Very Religious
Please write in your score ✎

How good are you at your line of work?

On a scale of 1-7, where
1=Poor
4=Average
7=Very Good
Please write in your score ✎

What is your job title?

✎

Was your upbringing mainly in

Large City Town Village Other

How many children have you had?

None 1 2 3 4 5 5+

Your highest educational qualification?

- GCSE/O Level or similar
 A Level or similar
 BA/BSc or similar
 MA/MSc or similar
 MBA
 PhD
 Other

If you are currently in higher education, what subject are you studying?

✎

And with which religion would you say you most closely identify now?

- Christian – Protestant
 Christian – Catholic
 Christian – Other
 Muslim
 Hindu
 Jewish
 Buddhist
 Other belief system
 None at all

What are your political convictions?

On a scale of 1-7, where
1=Strongly Left Wing
4=Neither
7=Strongly Right wing
Please write in your score ✎

How many hours a month do you dedicate to voluntary public or civic work?

✎

Please note that, at present, the scoring of the TEIQue-360° has to be done at our end (there is no charge for this). Directions for submitting TEIQue-360° files for scoring:

- We can only handle SPSS files at present.
- Make sure you have dealt with any missing values and typing errors before you submit your file.
- Make sure you have labelled your variables tei_1 to tei_153 or download the TEIQue template from www.psychol.ucl.ac.uk/petrides
- Allow three working days for scoring.
- Email your file to k.petrides@ucl.ac.uk